



Helping horses, healing humans.

FARM

683 RT 29 | Saratoga Springs, NY 12866
thsaratoga.org

mission

Therapeutic Horses of Saratoga is a 501c3 nonprofit organization supporting second careers for Retired Racehorses in leading safe and meaningful lives.

These horses improve the mental health & emotional wellness that strengthens our community through therapeutic programming and the horse-human connection.

who are we?

- 21** Horses total | **12** Thoroughbreds
7 Standardbreds
2 Saratoga Police Horses (1 Belgian Cross + 1 Shire)
13 Mares | **6** Geldings
Age range: **6–29**
- 27+ acres** in Saratoga Springs, NY
- 12** Staff (Full Time: 5, Part Time: 7)
9 Board Members, **17** Advisory Committee Members
125+ Active Volunteers...and growing every day!

who do we serve?

We serve children, families, adults, veterans, youth, individuals with a diagnosis on the autism spectrum, employers and schools. We measure our impact by the people who experience the healing benefits of our farm and horses through our program. In **2025**, THS shared the horse-human connection with:

- **940** individuals participated in our **THS programs**
- **165** individuals participated in Equine-Assisted Psychotherapy in partnership with ECS Psychological Services
 - 73 in Freedom Rein (grant funded)
 - 36 in Community Connection (grant funded)

how do we serve our community?

In 2025, THS collaborated with more than **30 organizations** to deliver **127 THS Programs** at the farm, including:

- **12** Volunteer Service Groups
- **23** Educational Field Trips
- **6** Corporate Team Building
- **8** Recreational Experiences
- **78** HorsePlay Sessions

in their words

“Our group's experience at THS was incredibly unique & deeply meaningful. The guided interactions with the horses, supported by knowledgeable professionals, allowed participants to strengthen their emotional awareness, empathy, & self-regulation. Many felt an unexpected sense of calm and a noticeable improvement in mood.”

-Maggie Healy,
Scotia-Glenville
Central Schools

financial snapshot

2025 OPERATING BUDGET

\$956,573

PROGRAMS, EQUINE CARE, & FARM MAINTENANCE

\$393,232 | 41%

**GENERAL & ADMINISTRATIVE EXPENSES
(INCLUDING FUNDRAISING)**

\$563,341 | 59%

are you inspired to Help Horses and Heal Humans?

Join the herd!

Volunteer — we welcome gifts of time & talent!

Donate — every dollar makes a difference

Learn more →

